2026 Reverse Advent Project – Food Hamper List

For storage purposes it is important that we can close each box so please keep to the item sizes listed below. Please Note: No glass

To ensure your donation reaches a family by Christmas, please have the hamper returned to HSCC by Friday 11th December 2026

Item Name	Weight/Size
Canned Fruit	Up to 825gm
Canned Baked Beans	Up to 420gm
Canned Spaghetti	Up to 420gm
Canned Soup	Up to 420gm
Packet Soups	Up to 60gm
2 Min Noodles	360gm
Pasta Sauce	500gm
Pasta (any variety)	Up to 500gm
Sugar	1 kg
SR Flour	1kg
Plain Flour	1kg
Rice	1kg
Cakemix	Up to 500gm

Item Name	Weight/Size
Breakfast Cereal	Up to 500gm
Peanut Butter	500gm
Vegemite	150gm
Tomato Sauce	Plastic Bottle
Tomato Paste	Packet
Ready to eat non-perishable meals	Pouches
Instant Coffee	Up to 200gm
Black Tea Bags	Any size
Sweet Biscuits	Up to 250gm
Savoury Biscuits	Up to 250gm
Jelly Crystals	Packet
Toothbrush 1 or 2	Packet
Toothpaste	200gm

Donate here

Want to support the Reverse Advent Hamper Project but don't have time to shop for and fill a box yourself? Scan this code and it will take you to our secure payment portal to donate